

Ultima

REPLENISHER®

The Balanced Electrolyte Drink

COMPARE based on 8oz.



Sports Drink	Electrolytes & Minerals	Sugars	Primary Energy Source	Complex Carbs	Complex Carbs %	Calories	Sodium	Potassium	Magnesium	Calcium	Artificial Flavors, Colors, or Sweeteners
Ultima	13	0g	Complex Carbs	3g	100	10	37.5mg	75mg	12mg	34.5mg	No
Gatorade	2	14g	Simple Sugar	0g	0	50	110mg	30mg	0mg	0mg	Flavors & Colors
Gatorade Endurance	5	14g	Simple Sugar	1g	7	80	200mg	90mg	3mg	6mg	Colors
Gu20	3	2g	Complex Carbs	11g	82	50	120mg	20mg	0mg	0mg	No
CytoMax	3	5.6g	Simple Sugar	3.2g	28	50	40mg	75mg	Trace Amounts	Trace Amounts	Sweetener & Flavors
Clif Shot Electrolyte	5	10g	50/50	9.5g	49	80	200mg	50mg	12mg	11mg	No
Vitamin Water "Balance"	1	13g	Simple Sugar	0g	0	50	0mg	0mg	0mg	50mg	No
Powerbar Endurance	4	9g	Simple Sugar	8g	47	70	160mg	10mg	8mg	10mg	No
AminoVital	5	8g	Simple Sugar	0g	0	30	10mg	50mg	0mg	55mg	Sweetener
e-load	5	13.5g	Simple Sugar	0g	0	55.5	179.5mg	49.5mg	13mg	13mg	No
Propel	2	2g	Simple Sugar	1g	0	10	35mg	40mg	0mg	0mg	Sweetener
Emer'gen -"C"	6	6g	Simple Sugar	0g	0	25	75mg	250mg	75mg	62.5mg	No
Pedialyte	3	5.9g	Simple Sugar	0g	0	24	10.5mg	4.5mg	0mg	0mg	Flavors, Colors & Sweetener